

PERSONAL INFORMATION



Maria Sinou

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Sex Female | Date of birth 14/08/1972 | Nationality Hellenic

WORK EXPERIENCE

(2006 - current)

Assistant Professor

Technological Educational Institution of Athens, Faculty of Fine Arts and Design, Department of Interior Architecture, Decoration and Design

Laboratory of **Space, Aesthetics and Sustainability**

Teaching and research on the subjects of:

- Urban Ecology (graduate course)
- Design of Urban Spaces (graduate course)
- Environmental Design of Buildings (post-graduate course)
- Environmental assessment methods
- Environmental and Social impact of small urban spaces (the cases of courtyards, pocket parks and parklets)

(2005 - current)

Department of Interior Architecture, Decoration and Design

Research Assistant

SD-Med non profit Association

- Proposal formation for new programs
- Researcher in Urban Studies
- Communication and Publication Manager

SDMed Observation, Planning and Eco-Innovation is an international non-profit enterprise specialising in sustainable development and territorial cohesion on all territorial scales, eco-development, eco-innovation and green infrastructure and ecosystem services.

(2004 - 2005)

Lecturer

- Teaching Environmental Design in Cities, in the University of Thessaly, Department of Architecture, Greece

(2002 – 2004)

University of Thessaly

Lecturer

- Teaching in the 2nd year course on Environment and Construction, Department of Architecture, University of Cambridge
- Supervisions on Environmental Design for 1st and 2nd year students
- Working as a research assistant in the European project RUROS (Rediscovering the Urban Realm and Open Spaces) with the University of Cambridge research group

Department of Architecture, University of Cambridge

EDUCATION AND TRAINING

2001-2004

PhD in Architecture

Department of Architecture, University of Cambridge, UK

2000-2001

Thermal Diversity of Semi-Enclosed Urban Spaces

MPhil in Environmental Design in Architecture

Department of Architecture, University of Cambridge, UK

- 1996-2000 Environmental Performance of an Island Settlement, Siphnos Greece: A Study on Environmental and Spatial Diversity (dissertation)
Diploma in Architecture
Aristotle University of Thessaloniki, Greece
- 1991-1995 Music Centre with two auditoria and other music facilities in Kifisia, Athens, Grade: 9,0 (excellent)
Degree in Interior Design
T.E.I. of Athens, Technical Educational Institution
- 1978-1990 **Secondary education at Athens College, Athens, Greece**

Mother tongue(s) Greek

Other language(s)

| | UNDERSTANDING | | SPEAKING | | WRITING |
|---|---------------|---------|--------------------|-------------------|---------|
| | Listening | Reading | Spoken interaction | Spoken production | |
| English | C2 | C2 | C2 | C2 | C2 |
| IELTS, MPhil and PhD in the UK | | | | | |
| German | B2 | B2 | B2 | B2 | B2 |
| Grundstufe and work experience in Germany | | | | | |

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Communication skills ▪ Excellent communication skills gained through my experience as communication manager in the SD Med organisation and my involvement to different projects within the organisation. Also,

Organisational / managerial skills

Part of the organizing committees of several conferences:

-November **2014**, ESPON-on-the-Road Transnational conference "Integrated development through land-sea interaction: dimensions and perspectives of blue growth in Europe and in Greece", 10-11 November 2014 and national conference "Blue Growth for boosting youth entrepreneurship: Employment Opportunities, Innovative ideas & the contribution of Start Ups", 12 November 2014.
2013. ECHOPOLIS International Event : "Sound, noise and music in rethinking sustainable cities and eco-neighborhoods" hosted by SDMed Observation, Planning & Eco-innovation.
-June **2005**,main host: Municipality of Athens, LIFE SB-MED Project, SB05MED, International and Euromediterranean Conference LIFE-ENV SB-MED "Sustainable construction: Action for sustainability in the Mediterranean region", Athens, 9-10-11 June 2005 (initiative : SD-Med Association)
-May **2007**, main host: Panteion University, « Spatial and Urban development policies in the frame of sustainable development Policies », French Institute of Athens, under the aegis of the French Embassy in Greece, 16-17 May 2008 (initiative : SDMed Observation Network)
January **2008**, Panteion University, under the aegis of the French Embassy in Greece and the Greek State, «The Mediterranean city facing climate change : Innovation, investment, governance, for a low-carbon city" Technopolis Cultural centre, Athens,10-11-12 January 2008 (initiative : SDMed Observation Network)
March **2011**, 1st ESPON-INTERSTRAT Interactive meeting, Panteion University.
June 7, **2012** "Eco-neighborhoods-Green neighborhoods : where are-we in Greece?", venue : Michalis Kakoyannis Foundation.
June **2015**, host TEI of Athens, Aesthetics and Ethics, Technopolis Cultural centre, Athens
June **2016**, host TEI of Athens, Aesthetics within the new digital reality, Technopolis Cultural centre, Athens

Digital competence

SELF-ASSESSMENT

| Information processing | Communication | Content creation | Safety | Problem solving |
|------------------------|-----------------|------------------|-----------------|-----------------|
| PROFICIENT USER | PROFICIENT USER | PROFICIENT USER | PROFICIENT USER | PROFICIENT USER |

Levels: Basic user - Independent user - Proficient user
 Digital competences - Self-assessment grid

Replace with name of ICT-certificate(s)

- Proficient user in image processing (ie. Photoshop corel), proficient user in Microsoft office, proficient user in Architectural software (autocad, archicad etc), proficient user in environmental simulation software (ECOTECT, DiALUX for lighting, IES VE for thermal comfort).

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| <p>Selected Publications</p> <p>Conferences</p> <p>Seminars</p> <p>ADDITIONAL INFORMATION</p> <p>Citations</p> | <p>September 2003 M.Sinou and K. Steemers, 2003, Urban Space – Thermal Analysis of Case Studies, in Proceedings of International Conference of Sustainable Planning and Development, Wessex Institute of Technology, Skiathos, Greece, 921-930</p> <p>October 2003 K. Steemers, M. Ramos and M. Sinou, 2003, Urban Thermal Diversity, Journal of Chongqing University, 11-18</p> <p>November 2003 M. Sinou and K. Steemers, 2003, Environmental diversity in urban spaces, in Proceedings of PLEA 2003, Santiago Chile</p> <p>September 2004 M. Sinou and K. Steemers, 2004, Semi-Enclosed Spaces as Climate Moderators, in Proceedings of PLEA 2004, Eindhoven, The Netherlands, 385-389</p> <p>September 2004 K. Steemers, M. Ramos and M. Sinou, 2004, Thermal Diversity in Urban Spaces, in Environmental Diversity in Architecture, ed. by K. Steemers and M.A. Steane, Spon Press, Taylor & Francis Group</p> <p>December 2004 M. Sinou and K. Steemers, 2004, Intermediate space and environmental diversity, Urban Design International, Palgrave Macmillan Ltd., (9), 61-71</p> <p>December 2004 K. Steemers, M. Ramos and M. Sinou, 2004, Urban Morphology, in Designing Open Spaces in the Urban Environment: a Bioclimatic Approach, ed. by Centre for Renewable Energy Sources, Athens</p> <p>November 2005 M. Sinou, 2005, Cycladic House: An Environmental Shelter, in Proceedings of Athens SB04MED International Event, Athens</p> <p>December 2005 M. Sinou, 2005, Beneficial Variety or Destructive Chaos?, in The transition of Athens 2005, FUTURA Publishers, Athens</p> <p>October 2006 M. Sinou, 2006, From the traditional to the Contemporary Cycladic Sustainable House, International Journal of Management of Environmental Quality, Sinou M., Kyvelou S., "Present and future of building performance assessment tools", Management of Environmental Quality: An International Journal, Vol. 17 Iss: 5, pp.570 - 586</p> <p>June 2007 Design and thermal diversity of semi-enclosed spaces, Melrose Publishing, UK.</p> <p>October 2007 Hetzel, J., Kyvelou, S., Sinou, M. and K. Iwamura, L' application du développement durable au cadre bâti dans l'espace méditerranéen : La démarche « SD-MED », Pulim, Presses Universitaire de Limoges.</p> <p>September 2008 Bioclimatic design: an introduction to environmental design of interior spaces, Ennoia Publications, Athens.</p> <p>September 2012 Kyvelou S., Sinou M., Baer I. and T. Papadopoulos, Developing a South-European Eco-Quarter Design and Assessment Tool Based on the Concept of Territorial Capital, στο Sustainable Development - Authoritative and Leading Edge Content for Environmental Management, INTECH Publishing.</p> <p>May 2011 Sinou M. and Kyvelou S., "Mediterranean Econeighborhoods: Methodologies and Tools", Architecture, energy and environment in buildings and cities", CRES National Conference, Athens, may 2011.</p> <p>May 2011 Sinou M., A. G. Kenton, 2013, <i>Parameters contributing to the design of a successful urban pocket park</i>, conference proceedings of PLEA (Passive and Low Energy Architecture) 2013.</p> <p>June 2015 Sinou, M., & R. Perakaki, «Discovering public space during economic crisis: urban courtyard regeneration, pocket park and parklet creation» in "Changing Cities: Spatial, Design, Landscape & Socio-economic Dimensions", Porto Heli, Peloponnese, Greece, 22-26</p> <p>June 2015 Kyvelou S., Sinou M., Space and Energy transition: Aesthetic and ethic approach, Conference Technopolis Athens</p> |
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Research projects directly related

- Participated in **ESPON INTERSTRAT** (2010-2012) Integrated Territorial Development Strategies, ITDS and strategic spatial planning in Europe
http://www.espon.eu/main/Menu_Projects/Menu_TransnationalNetworkingActivities/interstrat.html
- Researcher in **ESPONTrain** (2010-2013) with Greek ECP/Panteion University as LP. (Transnational Networking activity of e-learning of ESPON Knowledge)
- **ESPON-USESPON Project** with RTPI/UK as LP
- **ESPON-on-the-Road Project** with BBSR/Germany as LP www.espon.eu

Research assistant and member of the main research group

1. Laboratory, Dpt of Economics and Regional Development, School of Science of Economics and Public Administration, Panteion University
2. Laboratory of Space, Aesthetics and Sustainability, TEI of Athens